

Core health contacts to expect during your pregnancy



8 to 10 weeks



This is your first point of contact with your midwife. This will lead to your booking appointment where the midwife will speak to you about your pregnancy and answer questions you may have.

11- 14 weeks



You will be offered your **first screening scan** which checks your baby's heartbeat, growth and development and estimates your baby's due date.

16 weeks



Your next appointment with your midwife.

20 weeks



You will be offered a **Mid Pregnancy Screening Scan** which looks at your baby's development.

23 – 24 weeks



You will see your midwife again.



Further visits



You will then see your midwife at:

32 weeks

34 weeks

36 weeks

38 weeks

40 weeks

41 weeks

Your midwife has given you some helpful leaflets, please take a moment to read them for more information:

You're
pregnant!

Scans and tests

what

Your **baby!**

Tests offered



Scan to read this
information online

Newborn screening tests

NHS
SCOTLAND

Public Health
Scotland

