



HIGHLAND OPHTHALMIC LIST

September 2023

OPHTHALMIC MEDICAL PRACTITIONERS

Optom	Address	Telephone No	Hours of Business
	None at present		

DOMICILIARY SERVICES

Optom	Address	Telephone No	Hours of Business
Stephen Pollock	Complete Community Care (43385) Unit 6 HydePark 60 Mollinsburn Street Glasgow G21 4SF	0141 404 8353	By Arrangement No nhsmail
Amanda Nasser	McClintock Home Eyecare (33659) Creag House 2 Quarry Road Lossiemouth IV31 6DL	01309 673635	By Arrangement Personal nhsmail only
Andrew Haney	Mobileyez (46082) 5 Bridgeway Glasgow G66 3HW	07764 713764	By Arrangement a.haney@nhs.scot
Body Corporate	Glasgow Specsavers Domiciliary Ltd (16368) 187 Trongate Glasgow	0141 420 1481	By Arrangement No nhsmail
Body Corporate	Aberdeen Specsavers Domiciliary Ltd (18506) 56-58 Union Street Aberdeen AB10 1BB		01224 641234 No nhsmail
Al-Naeme Ghaith	Connect Eyecare (54122) 1 Nairn Drive Bishopton PA7 5GF	0141 899 0027	By arrangement gwilsonuk@live.co.uk

Optom	Address	Telephone No	Hours of Business
Body Corporate	Visioncare at Home (39223) 50 Speirs Wharf Glasgow G4 9TH	0141 332 0057	By Arrangement No nhsmail

Sharon Glass	The Outside Clinic (56360) Stirling House 10 Viscount way Swindon SN3 4TN (18475)	01793 610252	By Arrangement No nhsmail
Duncan Robertson	Duncan Robertson Optometrist 77 Spires Crecent (56093) Nairn IV12 5PZ	07584 493198	By Arrangement duncan.robertson1@nhs.scot

NORTH & WEST DIVISION

CAITHNESS

Optom	Address	Telephone No	Hours of Business
Scott Hull	Duncan & Todd and Hearing Care Ltd (56530) 3 Sir George's Street Thurso KW14 7AW PM Georgina Sprenger	01847 896122	Mon, Tues, Wed+ Friday 8.45 – 1.00 1.45 – 5.00 Thursday 8.45 – 1.00 1.45 – 7.15 Nhsh.goc56530-clinical@nhs.scot
Scot Hull	Duncan and Todd (33308) 22 Thurso Street Wick KW1 5LF PM Margaret Mackie	01955 603447 Fax 01955 606248	Mon - Fri 9.00 – 1.00 2.15 – 5.30 Nhsh.goc33308-clinical@nhs.scot
Ian Morris Qian Lui (Lynn) Lim	Specsavers Opticians (49250) 34 Bridge Street Wick KW1 4NG	01955 609939	Mon – Sat 09.00 – 17.30 Nhsh.goc49250-clinical@nhs.scot

EAST & WEST SUTHERLAND

Optom	Address	Telephone No	Hours of Business
Donald Goskirk * Colin Pettinger * Mary Nicol Susan Howie David Walker Sam Goskirk	Goskirk Pettinger (26963) Main Street Golspie KW10 6RA Durness, Kinlochbervie, Lochinver, Scourie and Tongue	01408 633448	Mon – Fri: 9.00 – 1.00 2.00 – 5.00 By Appointment Only nhsh.goc26963-clinical@nhs.scot

SKYE AND LOCHALSH

Optom	Address	Telephone No	Hours of Business
Jennifer Dick	Duncan & Todd T/As J M MacDonald (44098) Unit 4, Kings House Bridge Road Portree Isle of Skye IV51 9BT	01478 612644	Mon – Fri: 9.00 - 1.00 2.00 - 5.30 Sat 9.00 – 4.00 nhsh.goc44098-clinical@nhs.scot
Margaret Steventon	M Steventon Optometrists (42779) 3 Latheron Centre Ullapool IV26 2XB	01854 612149	Mon By Arrangement Tues / Wed GP access Fri 9.00 – 5.30 Nhsh.goc42779-clinical@nhs.scot
Craig Campbell	Craig R Campbell Opticians (52413) Main Street Kyle of Lochalsh IV40 8AB	07708 806820 01599 530022	Mon – Fri 9.00 – 5.30 Lunch 1 – 1.30 nhsh.goc52413-clinical@nhs.scot

ROSS & CROMARTY AND WEST NESS

Optom	Address	Telephone No	Hours of Business
Hugh Campbell Sohail Kiani Angela Critchley	Campbell Eyecare Ltd (16295) 36 High Street Alness IV17 0PS	01349 882863 Fax 01862 894198	Mon – Fri 9.00 – 1.00 2.00 – 5.30 Nhsh.goc16295-clinical@nhs.scot
Hugh Campbell Sohail Kiani Angela Critchley	Campbell Eyecare Ltd (16300) 28 – 30 Tower Street Tain IV19 1DY	01862 892559	Mon – Fri 9.00 – 5.00 Nhsh.goc16300-clinical@nhs.scot

Calum Fraser Natalie Murray	Fraser Optical (39859) 1 Aird House High Street Beaully IV4 7BS	01463 782323	Mon – Fri 9.15 - 5.00 Nhsh.goc39859-clinical@nhs.scot
Donald Goskirk * Colin Pettinger * Mary Nicol David Walker Sam Goskirk	Goskirk Pettinger (16342) Lockhart House Tulloch Street Dingwall IV15 9JZ	01349 863376	Mon – Fri 9.00 – 5.00 Lunch 1.00 – 2.00 Nhsh.goc16342-clinical@nhs.scot
Gavin Wreath * Philippa Sharp Ryan Gilmore Assara Shaban Qasim Ali	Specsavers Opticians (36592) 16/17 High Street Dingwall IV15 9RU PM Sarah Wreath	01349 869850 Fax 01349 869852	Mon – Sat 9.00 – 5.30 Nhsh.goc36592-clinical@nhs.scot
Frances Jamieson	Black Isle Optician (54017) 2 Old Post Office Buildings Avoch IV9 8PP	01381 620284	nhsh.goc54017-clinical@nhs.scot

LOCHABER

Optom	Address	Telephone No	Hours of Business
Ian Fleming	Fleming and Fleming (32417) 92/94 High Street Fort William PH33 6AD	01397 702973	Mon – Fri 9.00 – 1.00 2.00 – 5.30 Saturday 9.00 – 1.00 Nhsh.goc32417-clinical@nhs.scot

SOUTH & MID DIVISION

INVERNESS

Optom	Address	Telephone No	Hours of Business
Chee Han Ang	Asda Opticians (43432) Ivanhoe Avenue Inverness IV2 6BD PM Lauren Watson	01463 832159 FAX 01455 545715	Mon – Sat 9.00 – 8.00 Sunday 9.00 – 6.00 nhsh.goc43432-clinical@nhs.scot

Optom	Address	Telephone No	Hours of Business
Charles Hall	Hall Opticians (48042) 1 Bow Court 72 Church Street Inverness IV1 1HB	01463 222866	Mon – Sat 9.00 – 5.00 Closed for lunch 1-2 pm Nhsh.goc48042-clinical@nhs.scot
James Johnston Sohail Kiani Mohammed Ali Bernadette McMillan Shona Pringle	Boots Opticians Ltd (38900) 16-28 Eastgate Inverness IV2 3NA	01463 713673	Mon, Tues, Wed, Fri Sat 9.00 - 5.00 Thurs 9.00 - 7.00 Sunday Closed Nhsh.goc38900-clinical@nhs.scot
Kirsty Urquhart Ruth Clayton	Duncan and Todd (29589) Trading as J M MacDonald & Partners 8 View Place Inverness IV2 4SA PM David Allan	01463 231975	Mon – Fri 9.00 – 5.30 Saturday 9.00 – 4.30 Nhsh.goc29589-clinical@nhs.scot
Ailsa MacInnes Philippa Sharp	Ailsa MacInnes Optometrists 50 Hill Street (16481) Inverness IV2 3AU	01463 729200	Mon, Tues, Thurs, Fri 9.00 – 5.30 Wed & Sat 9.00 – 2.30 Nhsh.goc16481-clinical@nhs.scot
Donald Goskirk * Colin Pettinger * David Walker Anna MacSween Joel Somerville Sam Goskirk	Goskirk Pettinger (42973) 77 Academy Street Inverness IV1 1LU	01463 222851	Mon – Fri 9.30 – 6.00 Sat 10.00 – 4.00 Nhsh.goc42973-clinical@nhs.scot
Raymond McMillan Raymond Ellis	Optical Express (32522) 58 High Street Inverness IV1 1JE PM Emma Fielder	01463 713326 FAX 01463 248865	Mon – Sun 9.00 – 5.30 Nhsh.goc32522-clinical@nhs.scot
Ellen Torrance Andrew Carr Rebecca Carr Deirdre Newcomen Suzie Macpherson Kooi Li Lim Shaminder Ajrawat Allana Bennett	Specsavers Opticians (16473) 44-48 High Street Inverness IV1 1JE PM Andrea Farrelly	01463 241341 Fax 01463 232250	Mon to Wed 9.00 - 5.30 Thurs 9.00 - 7.30 Fri: 10.00 - 5.30 Sat. 9.00 - 5.00 Nhsh.goc16473-clinical@nhs.scot

Optom	Address	Telephone No	Hours of Business
Sharon Glass Raymond Ellis	Vision Express (51069) Tesco Extra Store (096) Inverness Retail Park 1A Eastfield Way Inverness IV2 7GD	01463 217056 07834 977272 FAX 01463 232609	Mon – Sat 9.00 – 6.00 Sunday Closed Nhsh.goc51069-clinical@nhs.scot
Ryan Gilmore	Vision Express (51077) Inshes Tesco Extra Store Inshes Retail Park Milton of Inshes Inverness IV2 3TW	01463 535123	Mon, Wed, Thurs Fri 9.00 – 6.00 Tues 9.00 – 7.00 Sunday 10.00 – 5.00 Nhsh.goc51077-clinical@nhs.scot
Katrina Carter Amy Hughes	Vision Express (16449) Unit 31 (051) Eastgate Centre Inverness IV2 3PP	01463 715437 FAX 01463 715440	Mo, Th + Fri 9.00 – 5.30 Saturday 9.00 – 5.30 Sunday 10.00 – 5.00 Nhsh.goc16449-clinical@nhs.scot

NAIRN AND ARDERSIER

Optom	Address	Telephone No	Hours of Business
Brian McIlroy Duncan Robertson Kirsty Urquhart	Duncan & Todd (28583) 109 High Street Nairn IV12 4DB	01667 453426	Mon, Tues, Thurs, Fri 9.00 – 1.00 2.00 – 5.30 Wed & Sat 9.00 – 1.00 Nhsh.goc28583-clinical@nhs.scot
Keith Laird	Keith Laird Eyecare (48759) 8A Leopold Street Nairn IV12 4BE	01667 456487	Tues – Fri 9.00 – 5.00 Closed for lunch Sat 9.00 – 1.00 Sun/Mono Closed Nhsh.goc48759-clinical@nhs.scot
Body Corporate	Specsavers (50071) 57 High Street Nairn IV12 5RW	01667 454519	Mon – Sun 9.30 – 5.30 Nhsh.goc50071-clinical@nhs.scot

BADENOCH & STRATHSPEY

Optom	Address	Telephone No	Hours of Business
David Veen	Aviemore Opticians (33366) Unit 3, Myrtlefield Shopping Centre Grampian Road Aviemore PH22 1RH	01479 812777	Mon – Sat 9.30 – 5.00 Nhsh.goc33366-clinical@nhs.scot

ARGYLL AND BUTE

OBAN, LORN AND THE ISLES

Optom	Address	Telephone No	Hours of Business
John Wallace	John Wallace Optometrists (18352) 11/12 Argyll Square Oban PA34 4AZ	01631 563170 Fax 01631 562464	Mon – Fri 9.00 – 5.30 Saturday 9.30 – 4.30 Nhsh.goc18352-clinical@nhs.scot
John Wallace	Royal Bank Buildings (49852) Main Street, Bowmore Isle of Islay PA34 7JT	01631 563170	By Special Arrangement Mail: 11/12 Argyll Square, Oban Nhsh.goc49852-clinical@nhs.scot
John Bottomley	Room 2, The Rural Centre (47119) Crossapol Isle of Tiree PA77 6UP	01879 220633	By arrangement Nhsh.goc47119-clinical@nhs.scot
Carol Lekalake	Carol Lekalake Optometrists (30952) 6 George Street Oban PA34 5RX	01631 569924 Fax 01631 569924	Tues – Fri 9.00 – 5.30 First Sat of month 9.00 – 1.00 Carol.lekalake@nhs.scot
Fiona Cannon Kenneth MacDonald David Nicol (2) Zoe MacLeod	Specsavers Opticians (31209) 70 George Street Oban PA34 5NN	01631 567770 Fax 01631 567772	Mon – Sat 9.00 – 5.30 Nhsh.goc31209-clinical@nhs.scot

MID ARGYLL KINTYRE AND ISLAY

Optom	Address	Telephone No	Hours of Business
Donald Barr Hazel Currie Lindsey Irwin Annette Grier	A G Barr Optometrists Ltd (18247) 58 Longrow Campbeltown PA28 6DD	01586 554400 Fax 01586 554607	Mon – Fri 8.30 - 5.30 Nhsh.goc18247-clinical@nhs.scot
John Wallace Rachael O'May	John Wallace Optometrists 36 Argyll Street (18378) Lochgilphead PA31 8NE	01546 602353	By arrangement Nhsh.goc18378-clinical@nhs.scot
Donald Barr Annette Grier	A G Barr Optometrists Ltd (18255) Harbour Street Tarbert PA29 6UD	01586 554400	Two Weekdays a fortnight Nhsh.goc18255-clinical@nhs.scot

COWAL AND BUTE

Optom	Address	Telephone No	Hours of Business
Lesla Bradley	L & D Eyecare (18302) 194 Argyll Street Dunoon PA23 7AH	01369 703088	Mon – Fri 9.00 – 5.30 Saturday 9.00 – 1.00 Nhsh.goc18302-clinical@nhs.scot
Gillian Chambers	Stirling Optical (18328) 37 John Street Dunoon PA23 8BH	01369 706954 Also fax	Mon – Fri 9.00 – 5.00 Saturday 10.00 – 2.00 Nhsh.goc18328-clinical@nhs.scot
Nicola Coutts	Island Opticians (45581) 18 Tower Street Rothesay PA20 0BZ	01700 504548	Mon, Wed + Th 9.45 – 4.00 Other days closed Nhsh.goc45581-clinical@nhs.scot

HELENSBURGH AND LOCHSIDE

Optoms	Address	Telephone No	Hours of Business
Michelle Beavers Lucy McKenna	Helensburgh Eyecare (29830) 46 Sinclair Street Helensburgh G84 8TQ	01436 674164 Fax 01436 674164	Mon – Fri 9.00 – 5.30 Thursday 9.00 – 7.00 Sat 9.00 – 5.00 Nhsh.goc29830-clinical@nhs.scot
Kirsty Skinner	2020 Opticians / Duncan & Todd 7 Sinclair Street Helensburgh (52811) G84 8SR	01436 674141 Fax 01436 673335	Mon – Fri 9.00 – 5.30 Saturday 9.00 – 5.00 Nhsh.goc45379-clinical@nhs.scot
Elaine Friel	Boots Opticians (48050) 9 West Princes Street Helensburgh G84 8TF	0345 125 3758 01436 670157	Mon – Fri 9.00 – 5.00 Sat 9.00 – 2.00 Sun Closed Nhsh.goc48050-clinical@nhs.scot
Emma Stewart	Specsavers Opticians (53312) 16 East Princes Street Helensburgh G84 7QA	01436 648823	Mon – Fri 09.00 – 5.00 Sat 09.00 – 2.00 Sun Closed Nhsh.goc53312-clinical@nhs.scot

* Prescribing optom