



SDS Scotland. Charity No: SC039587
 Company Registered in Scotland: SC371469
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SDS Scotland have produced resources to support training for PAs and PA Employers. (<https://www.sdsscotland.org.uk>)

Learning Hub

Free e-learning resources designed for PAs and PA Employers



Training Locator

Local organisations are listed who provide training that may be relevant to PAs and PA Employers



You do not need to be registered with SSSC to access their free training – open badges. (<https://www.mylearning.scot>)

View all badges

- SSSC MyLearning



Moving and Assisting

The following Highland organisations offer fee-based Moving and Assisting Training and more: (<https://hhccareacademy.com>)

Highland Home Cares – Care Academy



(<https://fraser-elite.co.uk/training-centre>)

Fraser Elite – Care Training Centre



SCOTTISH
FIRE AND RESCUE SERVICE
 Working together for a safer Scotland

Risk Recognition Training

A session delivered by the Fire Service, either in person or over Teams, focusing on identifying key fire risks in the home and how to refer concerns to the Fire Service.

For enquiries and bookings please e-mail: N.HLNDInvernessCAT@firescotland.gov.uk



Fundamental Skills Days

Online webinars – an introduction to key topics in health and social care. (Book the full day or choose individual sessions)

Day 1 - Health and Social Care Standards, Care Planning, SSSC Codes of Practice, Stress and Distress Training, Food Fluid and Nutrition, Enablement and Unpaid Carers.

Day 2 - Promotion of Continence Management, Containment Products, Catheter Care, Falls Management, Infection Prevention, Tissue Viability and Skin Care, and Oral Hygiene.

For enquiries and bookings please e-mail: nhsh.socialcarelearning@nhs.scot



If you are a PA and a members of the PA Network, you can access four training courses for free.

Training – PA Network Scotland



Training Information for Personal Assistants (PAs) & Unpaid Carers

Empowering learning through:
 TURAS Learn
 SDS Scotland resources
 SSSC MyLearning
 Local and national training services



Sign up to Turas Learn to access the following training and more!

(<https://learn.nes.nhs.scot>)
[Getting Started with Turas Learn](#) | [Turas](#) | [Learn](#)



Free E-learning Modules

[Once for Scotland : Child Protection and Adult Support and Protection](#)

(<https://learn.nes.nhs.scot/88226>)
Refresher Period: 3 years
Duration: approx. 1 hour



[Once for Scotland : Cyber Security](#)

(<https://learn.nes.nhs.scot/88231>)
Refresher Period: 1 years
Duration: approx. 30 mins



[Once for Scotland : Fire Safety](#)

(<https://learn.nes.nhs.scot/88234>)
Refresher Period: 2 years
Duration: approx. 30 mins



[Once for Scotland : Fraud Awareness](#)

(<https://learn.nes.nhs.scot/88294>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Once for Scotland : Manual Handling](#)

(<https://learn.nes.nhs.scot/88295>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Once for Scotland : Prevention and Management of Violence and Aggression](#)

(<https://learn.nes.nhs.scot/88298>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Once for Scotland : Safe Information Handling](#)

(<https://learn.nes.nhs.scot/88341>)
Refresher Period: 1 years
Duration: approx. 30 mins



[Once for Scotland : Understanding Equality, Diversity and Human Rights](#)

(<https://learn.nes.nhs.scot/88345>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Once for Scotland : Why Infection, Prevention and Control Matters](#)

(<https://learn.nes.nhs.scot/88346>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Turas - Adult Protection: Adults With Incapacity \(Level 1\)](#)

(<https://learn.nes.nhs.scot/43290>)
Refresher Period: 3 years
Duration: approx. 1 hour



[Turas - Deaf Awareness](#)

(<https://learn.nes.nhs.scot/47696>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Turas - Sight Loss Awareness](#)

(<https://learn.nes.nhs.scot/18812>)
Refresher Period: 3 years
Duration: approx. 30 mins



[Turas - Understanding Gender Inequality and VAWG](#)

(<https://learn.nes.nhs.scot/59817>)
Refresher Period: N/A
Duration: approx. 2 x 4 hours



[Turas - Personal Protective Equipment \(PPE\)](#)

(<https://learn.nes.nhs.scot/3487>)
Refresher Period: N/A
Duration: approx. 30 mins



Additional TURAS practical skills and non-technical skills:
[Preparing for work in health and social care](#) | [Turas](#) | [Learn](#)

