

**Choosing to opt-out
NHS Scotland Diabetic Eye Screening (DES)
DISCLAIMER FORM**

Thank you for letting us know that you no longer want to be invited for diabetic eye screening. Diabetic eye screening is a test to check for a condition called diabetic retinopathy. Left untreated, diabetic retinopathy can cause serious damage to your eyesight or blindness. Annual screening can lower risk of sight loss.

To make sure your invitations for diabetic eye screening stop please sign and return the below form.

You can change your mind by contacting your local diabetic eye screening team on 08005877198, or by emailing nhsh.des@nhs.scot. Please complete all sections of this form to ensure your opt out is in place. We will share a copy of this with your GP.

You will be opted out for three years. The system will then automatically generate a letter to you inviting you back to diabetic eye screening.

Please complete all sections below and tick box that applies.

Please return to the address or email at nhsh.des@nhs.scot.

Surname:

Forename:

Date of Birth:

Address:

Contact Telephone Number:

Opt out statement

Please do not send me invitations for diabetic eye screening. I take responsibility for this decision and confirm that I understand diabetic eye screening can reduce the risk of loss of sight.

I understand that I can change my mind and return to diabetic eye screening. I can do this by contacting my local diabetic eye screening team on 08005877198

Please tick appropriate statement below;

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I agree with the above opt out statement and would like to opt out. I don't want to receive invitations to diabetic eye screening.

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I disagree with the above opt out statement and would like to continue to receive diabetic eye screening invitations.

Signed:

Date: