Equality Impact Assessment Template: Please complete alongside the guidance document

| Title of work: | Date of completion: 15 th September | Completed by: |
|-------------------------------------|--|----------------|
| | 2021 (future amendments will be | Margaret Brown |
| Planet Youth - Icelandic Prevention | highlighted) | Eve MacLeod |
| Model | | |

Description of work:

Planet Youth is an international, evidence based, primary prevention model, developed in Iceland, that has reduced substances use rates amongst young people.

Comprising of ten steps per year, it involves young people (S4 pupils, ages 15-16) completing a survey about risk and protective factors.

Surveys are anonymous, and will be analysed by Planet Youth in Iceland. Analysed data will be shared with Winning Scotland (a third sector organisation coordinating the pilot in Scotland) and Highland Alcohol and Drugs Partnership (HADP). Analysed data will include cross tabulations of some responses.

Results of the survey are used in collaboration with community and other stakeholders to set actions and priorities in the community.

Actions will aim to increase protective factors against alcohol, tobacco and other drug use.

Outcome of work:

This is a long term initiative, and ultimately aims to reduce the use of alcohol, tobacco and other drugs amongst young people.

Prevalence of alcohol tobacco and other drug use is highlighted by the national Scottish Adolescent Lifestyle and Substance Use Survey (SALSUS). This survey shows that in Highland:

27% of 15 year old pupils reported they had ever smoked.

26% of 15 year old pupils reporting trying or using e-cigarettes (significant increase from previous survey)

18% of 15 year old pupils reported drinking alcohol on a weekly basis

17% of 15 year old pupils reporting illicit drug use (significant increase from previous survey)

Locally, stakeholders highlight issues with young people and how they spend their free time.

Use of substances has a larger impact in areas and for people who experience poverty and health inequalities. Living in poverty can mean people are three times more likely to die an alcohol related death in Highland, and 18 times more likely to die a drug related death in Scotland. Tobacco use is falling overall, however disproportionately impacts various groups of people who experience difficult circumstances.

In addition, this work complements NHS Highland's Equalities Outcomes and Mainstreaming report. Outcome 1 states that in Highland, people from indentified groups, including young people, will have improved access to the resources needed to support their mental health and wellbeing. As the post survey actions will focus upon improving protective factors and decreasing risk factors, this has the potential to support improvements for young people.

Who:

Stakeholders: (who will this work affect?)

Young people (S4, 15-16 year olds), schools and school communities including staff, local community, youth workers, other health and social care staff, parents and carers.

Local coalition group currently comprises of Winning Scotland, NHS Highland, Highland Alcohol and Drugs Partnership, the Highland Council, High Life Highland and Youth Highland. Other stakeholders are welcome to the group and the group will likely grow in membership as the programme progresses.

Community champions are being identified to help progress the work within communities.

Community Planning Partnerships are being informed of the model and are being asked for support to progress actions.

How do you know:

Stakeholder engagement: How will you know what impact this will have - please detail what work you have done to find this out? Remember to consider the way in which you use language matters.

Survey with young people (S4s – 15-16 year olds). All young people in S4 will be able to respond to the survey if they wish (opt-out process). Surveys will be completed on individual school provided chrome books, and support will be available for pupils with

additional support needs if required, in order to ensure inclusion. The survey is anonymous, and responses cannot be tracked to individuals. Surveys are recommended to be completed under exam conditions.

Some protected characteristics will be asked about in the survey:

Sex: How would you define yourself? (choose only one option) Male | Female | Non-Binary | Other | Prefer not to say

Age: What year were you born? (choose only one option) Before 2004 | 2004 | 2005 | 2006 | 2007 or later

Age: What school year are you in now? (choose only one option) 2nd year | 3rd year | 4th year

Ethnicity: What is your ethnic / cultural background? (choose only one option) White Scottish / British | Black Scottish / British | White European (not Scottish / British) | Black European | Asian or Asian Scottish / British | Chinese or Chinese Scottish / British | Any other Asian background | African | Gypsy / Traveller / Roma | American / North American | Other

Some of the impacts highlighted by the Fairer Scotland Duty are also considered in the survey:

Lone parents & Care experienced children and young people: Most of the time I live with...? Both my parents | My parents live separately but I live with them equally | One parent | One parent and his/her partner | Grandparent(s) and parent(s) | Grandparent(s) only | Other family members (auntie, uncle, cousins, etc.) | My friends | On my own | I live in different arrangements (eg foster family, group home)

Engagement with parents / carers – Parents / carers have been informed of the programme via a letter that has been shared by schools. The letter points to this page on the Highland Substance Awareness Toolkit for further information.

Engagement with other partners, schools, youth work, etc. Local collation group meetings regularly; co-chaired by Winning Scotland and NHS Highland Health Improvement. Other communications occur between meetings when required.

What will the impact of this work be? (see appendix 1 for list of protected characteristics and other groups that you may wish to identify)

Following return of data analysis and collaborative identification of actions from responses, further detail will be added to consider equalities issues in practice.

| Given all of the above what actions, if any, do you plan to take? | |
|--|---|
| Currently the information refers to the data collection survey step of the process. Further consideration will be given when actions are proposed following survey responses. This will be a living document which can be revisited and added to as appropriate. | |
| | |
| | |
| Approved by: | _ |
| Debbie Stewart, HADP Co-ordinator, 12 th December 2022 | |