

ORTHOPAEDIC TRAUMA

Information

Contact Information

Please call the Trauma Co-ordinator with any questions or concerns. Please leave a message and someone will return your call as soon as possible.

07483 574 473

Available; Mon – Fri 8am - 4pm

Fracture Clinic Helpline:

07779 422 980

Trauma Ward (3A):

01463 704 454

**For Urgent concerns please call
NHS 24 on 111**

Raigmore Hospital
Old Perth Road
Inverness, IV2 3UJ
01463 704 000

www.nhshighland.scot.nhs.scot



Following Hospital attendance, the Orthopaedic team will discuss your presentation and decide on your management plan. This may include surgery, clinic follow-up or further tests.

A member of the team will then contact you with your proposed management plan.

PRIOR TO OPERATION

- Keep limb elevated.
- Take analgesia as appropriate, to manage pain.
- Inform a member of the team if prescribed BLOOD THINNERS.
- If asked to fast at home, a member of the team will contact you before **12 noon** the next day to update you re-admission for theatre.

OPERATION DAY

Please follow the instructions below, if you do not it could result in surgery being delayed:

- If operation is planned for the MORNING, please **DO NOT** eat anything from **2AM** on the day. You can drink water until **6AM**.
- From **6AM**, you may have up to **60ml** water hourly until theatre.
- If you are on **BLOOD THINNERS**, please let a member of the team know.

How does the Orthopaedic trauma list work?

The orthopaedic emergency operating list runs every day of the week. Starting at 8.30AM and finishing at 5PM.

At 8.15AM every morning, a multi-disciplinary (MDT) meeting is held, to discuss all new admissions/referrals and all patients currently awaiting surgery, both inpatients and those waiting at home. This allows for clinical prioritisation of cases.

Trauma is unpredictable, so some days there are more patients than theatre spaces available.

Patients are prioritised using the following criteria:

- Older patients requiring major surgery.
- Life threatening injuries.
- Limb threatening injuries, i.e. blood supply or nerves have been damaged.
- Open injuries, i.e. bone is exposed.
- All other patients in order of injury date.

If we have more patients than theatre space, a provisional plan will be made for patients not placed on the day's trauma list. Patients will be informed of arrangements as soon as possible following the trauma meeting by a member of the team.

Your operation may be cancelled OR delayed for various reasons, including:

- Pre-existing medical conditions that require management or further investigations before you can safely have your operations.
- Further investigations may be required before surgery, e.g. specialist scans.
- Other patients may need to be prioritised before you.
- The number of patients requiring surgery exceeds the amount of operating time available. This may cause delay for less urgent cases.
- Operational difficulties, e.g. no anaesthetic cover, availability of equipment, staff sickness.
- Too much swelling around the injury, this can make the surgery unsafe and increase infection risks.
- Your operation requires specialist input, for which further referrals need to be made.

We try our very best to avoid cancelling surgeries, and will keep in contact with all patients regularly and in a timely manner. We will try to reschedule your surgery as quickly as possible if cancellations do occur.