

DIABETES FOOD/DRINK COMMUNICATION SHEET – ACCU-CHEK EXPERT METER

Pupil's name: _____

Nursery/School _____

Day & Date _____



	FOOD & DRINK List each item & the carbs it contains
LUNCH	Total _____ grams

Parent/Carer Signature _____

Version 2: 25th Nov 2024**DIABETES FOOD/DRINK COMMUNICATION SHEET – ACCU-CHEK EXPERT METER**

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