iD EXPERT SLIP
FITTING GUIDE

YOUR TRUSTED PARTNER
IN CONTINENCE CARE

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Standing

Gently open out and then fold in half lengthways with the absorbent area of the pad facing inwards.

Keeping the pad folded, pass the pad between the legs in the most appropriate way for the user.

Open the pad out over the buttocks and lower abdomen, ensuring the side with the hook and loop tapes is placed at the back. Align with the waist and centre correctly using the wetness indicators as a guide.

Make sure the soft elastics are fitted closely at the groin and secure the re-sealable tapes.

It is important to create a seal around the legs and groin to reduce risk of leakage. To do this the bottom tapes will probably need to be secured in an angled position. The choice of upward or downward positioning of tapes is determined by the shape of the user, mainly around the buttocks.

Do not shake or twist the pad as this can damage it and reduce the efficacy of the product.
Lying Down

Gently open out and then fold in half lengthways with the absorbent area of the pad facing inwards.

With the user lying on their side, keep the pad folded and pass between their legs in the most appropriate way. Open the pad out over the buttocks and lower abdomen, ensuring the side with the fixation tapes is placed at the back. Align with the waist and centre correctly using the wetness indicators as a guide.

Fasten the re-sealable tapes on the upper-most side, and then gently roll the user and fix the tapes on the opposite side. Now position the user on to their back and ensure the anti-leak cuffs are fitted close at the groin.

The tapes can then be readjusted as necessary. Remember it is important to create a seal around the legs and groin to reduce risk of leakage. To do this the bottom tapes will probably need to be secured in an angled position. The choice of upward or downward positioning of tapes is determined by the shape of the user, mainly around the buttocks.
iD Expert Slip

An All-in-One offers an effective solution for managing moderate to heavy incontinence, with a high level of absorption and range of sizes.

Ensure the correct size by measuring the waist. Measure the user — never assume the measurement. Remember, bigger is not better! Then choose the correct absorbency.

1. Resealable fixation tapes
2. Anti-leak cuffs
3. Wetness indicators
Do not shake or twist the pad as this can damage it and reduce the efficacy of the product.

Always ensure the tapes are secured to the pad and are not lying on, or close to the skin, as this may cause irritation and discomfort.

When carrying out routine position changes remember to adjust the tapes accordingly to ensure leg seals are maintained.
Wetness Indicator

Each pad has two wetness indicator lines to show the presence of urine. These are a guide to when you need to change the product and can be checked without the need to remove the pad.

The yellow line will turn blue and the blue line/writing will fade. When the majority of the wetness indicator lines have changed colour the pad is ready to be changed.

If there has been any faecal soiling or discharge then the pad should be changed immediately.

Important Advice

Oil based barrier creams may reduce the performance of the pads. If barrier creams must be used, they should be applied sparingly and only on treatable areas. Used products should be disposed of in the appropriate manner, they cannot be flushed down the toilet.

Coloured Resealable Tapes (Plastic Backed Only)

There are two main parts to the fixing tapes used on All-In-One products. The blue section is the primary tape and once fixed will remain in place. Attempting to remove this tape once fixed will tear the pad.

The secondary section is the white upper tape which will always remain attached to the back of the pad. This tape can be removed from the blue section and re-fixed to the back of the pad or re-positioned elsewhere on the pad.

This is a simple procedure and involves holding the blue tape with one hand, whilst lifting and removing the white tape with the other hand. You may re-fix the white tape back onto the blue tape as many times as you require.