

IMPORTANT NOTES ABOUT YOUR DIABETIC EYE SCREENING (DES)

Correspondence Address: Centre for Health Science,
Inverness IV2 3JH



CONTACT INFORMATION:

PHONE: 0800 5877198 – Mon-Friday; 10am-12noon and 15.30-17.30

EMAIL: nhsh.diabeticretinopathyscreening@nhs.scot

(PLEASE let us know of any special requirements to attend such as interpreter/sign language facilities)

Patient Transport: 0300 123 1236

Patient Transport Text Relay Contact for Hard of Hearing, deaf or speech impaired: 18001-0300 123

Cancelling Patient Transport: 0800 123 1236 (Option 2) – Free 24 hr answering service. Please leave your CHI number, name, full appointment details. Scottish Ambulance Service – online booking for transport can also be arranged via their website on www.scottishambulance.com if your appointment is within the next 10 days of booking.

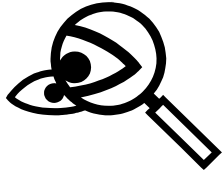
If you require transport to an appointment in the Badenoch & Strathspey Hospital facility, please ring “Badenoch & Strathspey All Abilities Transport” on 01479 810004. Information on this service is available online at www.ct4u.co.uk

MOBILE SERVICE

Details of our community clinics are available for at least 3 months’ in advance at: <https://www.nhshighland.scot.nhs.uk/YourHealth/Diabetes/Pages/EyeScreening.aspx> so that you can check where your nearest screening venue is taking place. Please do not defer attending because of venue preference as you might not be able to secure a suitable appointment at the time you need to be seen.

AT YOUR VISIT – PLEASE HELP US BY

- **Wearing a face mask in the clinical areas and use of the hand gel supplied.**
- **Bringing DISTANCE GLASSES (for your visual test).**
- **Bringing your APPOINTMENT LETTER.**
- **Prepare for waiting times by bringing a suitable snack or medication.**
- **If you are under 16 years, please come along with a parent or guardian.**
- **Prepare for the possibility of requiring eye drops as driving is NOT recommended afterwards. We cannot assume in advance whether or not you will need drops.**
- **If you require additional support to attend, please come accompanied if possible.**



IMPORTANT NOTES ABOUT YOUR DIABETIC EYE SCREENING (DES)

Correspondence Address: Centre for Health Science,
Inverness IV2 3JH

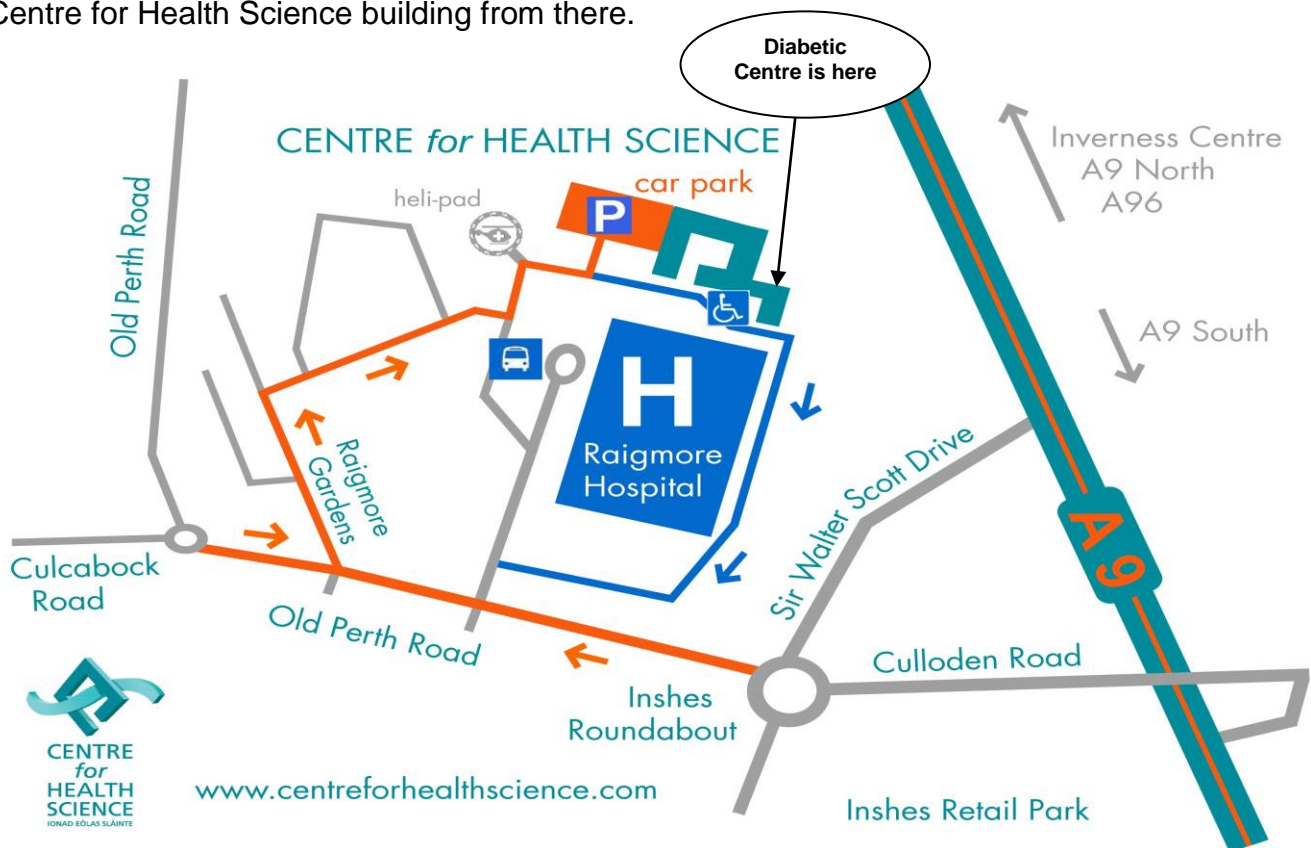


- Eye drops are required to make your pupils big enough to see the back of your eye(s). You will be asked to wait for an additional 20 minutes in the waiting area for these to work and then you will be called back in to finish your exam. **ALL SLIT LAMP AND OCT APPOINTMENTS WILL REQUIRE EYE DROPS.**

PLEASE CONTACT US AND RESCHEDULE YOUR APPOINTMENT IF YOU ARE FEELING ILL OR THINK YOU MAY BE EXPERIENCING SYMPTOMS OF COVID-19.

INVERNESS APPOINTMENTS TAKE PLACE AT THE CENTRE FOR HEALTH SCIENCE COMPLEX

Once in the hospital grounds – follow signs for “Centre for Health Science”. There is a separate car park at this building which requires you to purchase a £1 token – as this complex is not governed by the NHS. The charge is also applicable to disabled badge holders. Token machines are located at the exits within the building. The Raigmore hospital car park remains free of charge however, there is a slight walk over to the Centre for Health Science building from there.



YOUR RETINOPATHY SCREENING APPOINTMENT DOES NOT REPLACE THE NEED TO ATTEND YOUR OPTICIAN FOR OTHER VISION REQUIREMENTS AND VICE VERSA.