

## **Diabetes CPD for Registered Nurses/Health Care Assistants and those working in Care settings**

The following links\* are intended to help improve HSCP staff knowledge and understanding of diabetes. Please note this document is not for patient use and does not replace information provided by health care professionals or diabetes teams. Please refer to your local Diabetes Specialist Nurse, or other appropriate health care professional, via local pathways for patient specific advice.

\*Please note these are housed out with Argyll and Bute HSCP

### **Diabetes UK CPD Modules:**

Access via: <https://cpd.diabetes.org.uk/>

Modules include:

- Understanding Diabetes
- Type 2 Diabetes remission
- Emotional wellbeing

### **TREND Diabetes e-learning modules:**

Access via: <https://trenddiabeteslearning.co.uk/e-learning-courses/>

Modules include:

- Sensor Technology for Community Nurses: A practical toolkit
- Insulin Safety: Getting it right
- Insulin adjustment in Type 2 Diabetes
- Insulin administration for Health Care Support Workers
- Diabetes Care in Nursing Homes:
  - Module 1 – learning the basics
  - Module 2 – Glucose monitoring and the safe use of non-insulin
  - Module 3 – The safe use and administration of insulin
  - Module 4 – Diabetes emergencies, complications and end of life care

### **Diabetes UK “Diabetes in Care Homes”**

Webpage contains links to essential reading, guidelines, shared practice examples and learning modules for care home settings. Access via:

<https://www.diabetes.org.uk/professionals/resources/shared-practice/diabetes-care-in-care-homes>

Learning modules include (but not limited to):

- Diabetes in healthcare module
- Principles of diabetes

- Treating diabetes
- Vascular and non-vascular complications of diabetes

### **Turas e-Learning:**

e-Learning includes:

- Diabetes: overview
- Inpatient diabetes: getting the basics right
- Diabetes for midwives (modules 1 and 2)
- Subcutaneous insulin management
- How to prevent and manage hypoglycaemia
- Insulin administration
- Intravenous insulin
- Videos including CPR for feet and management of hypoglycaemia
- NES Diabetes: overview – psychological training courses:
  - Informed Care: Emotion matters
  - Skilled care: Developing Practice and AsSET
  - Enhanced Practice: ADAPT
  - Specialist Practice: Developing Practice and AsSET “train the trainer” courses

### **Diabetes UK: Improving Care for People with Diabetes and a Learning Disability**

Access tools and resources via:

<https://www.diabetes.org.uk/professionals/resources/shared-practice/for-people-with-learning-disability>

### **MyDiabetes MyWay:**

Patient facing website that can be accessed via: <https://mydiabetesmyway.scot.nhs.uk/>

e-Learning modules include:

- Carbohydrate Counting Course
- Considering an Insulin Pump
- My Insulin Pump
- Freestyle Libre
- Growing Up with Type 1 Diabetes
- Living with Type 1 Diabetes
- Understanding Type 1 Diabetes
- Introduction to Type 2 Diabetes
- My Type 2 Diabetes
- Type 2 Diabetes Prevention
- My Gestational Diabetes

### **Junior Diabetes Research Federation (JDRF)**

Resources for health care professionals, schools, young people and families that can be accessed via: <https://jdrf.org.uk/for-professionals/>

### **DigiBete**

Resources for health care professionals, schools, young people and families that can be accessed via: <https://www.digibete.org/>