



**The Carers Pathway  
will clearly set out  
what an unpaid carer  
can expect in  
Highland**

1. *A individual carers journey that is bespoke and unique to the carers own caring situation*
2. *A listening ear is provided to support the carers throughout their caring journey*
3. *Reassurance that it's ok not to want to continue in a caring role*
4. *Regular short break opportunities their caring journey*
5. *are identified*
6. *Preventative support that is accessible to all is available*

***Here is an example of what a pathway could look like, each pathway will be unique to the carer's specific circumstances but all will follow a similar process.***

A referral is made to the carer's organisation

A welcome pack is provided with follow up phone call that identifies stage of caring role. Discussion to finding out what the centre can do for the carer to help to manage their current situation

The carer link worker (CLW) enters into conversation with carer and completes a mini or full adult carers support plan (ACSP) dependent on the level of support identified in the discussion

CLW identifies and discusses preventative support with the carers including training, events, support groups, counselling, peer support and small short break funding awards

CLW signposts carers to supporting organisations including condition specific groups, befriending, volunteer networks

If not already known to services CLW refers cared-for person to Adult Social Care Single Point of Contact for assessment

If carer meets eligibility criteria then plan for funding for short break opportunities is identified and submitted for approval

Support is provided to carer to explore and plan funded short break opportunities, which when in place are reviewed on a regular basis