

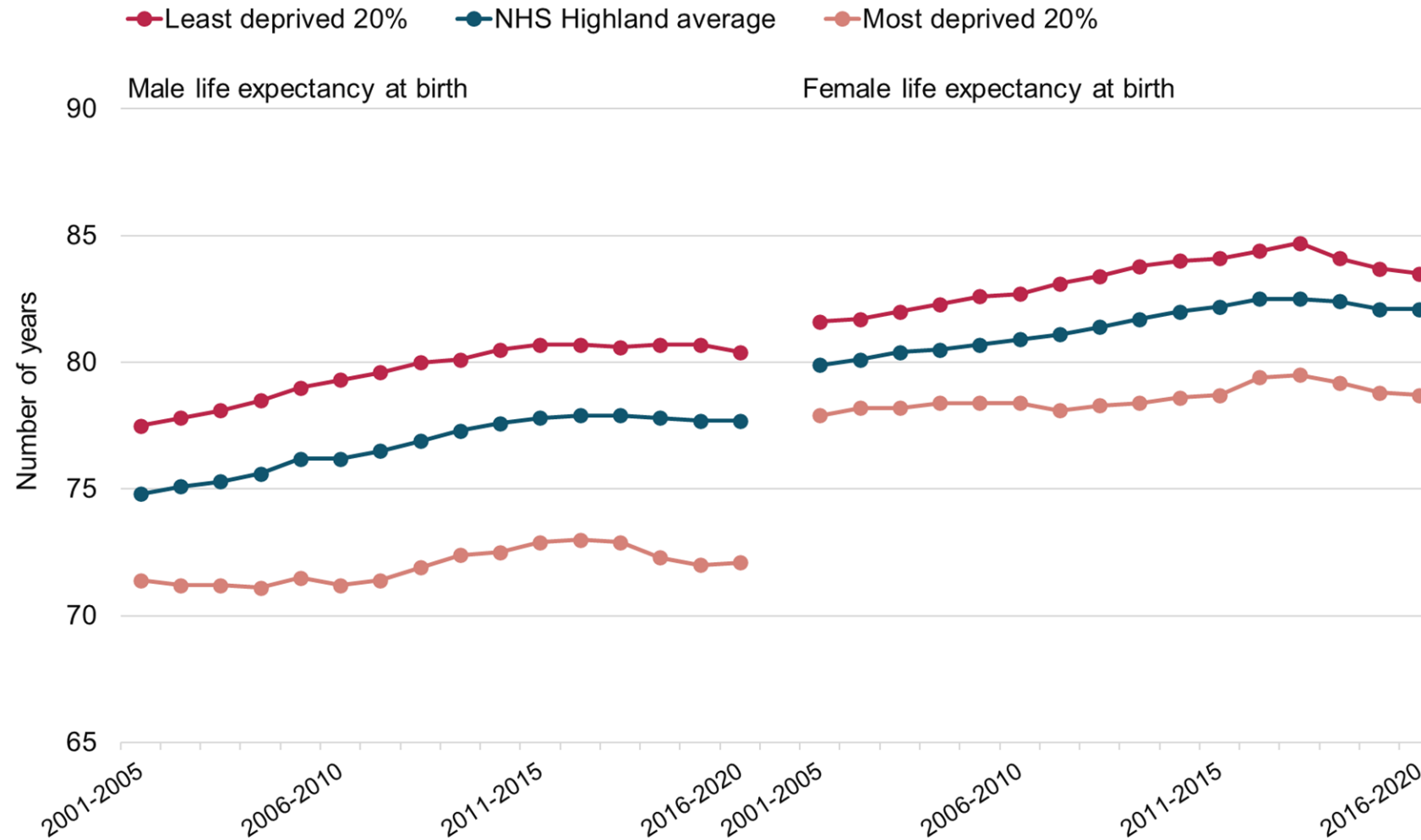


# DPH Annual Report 2023

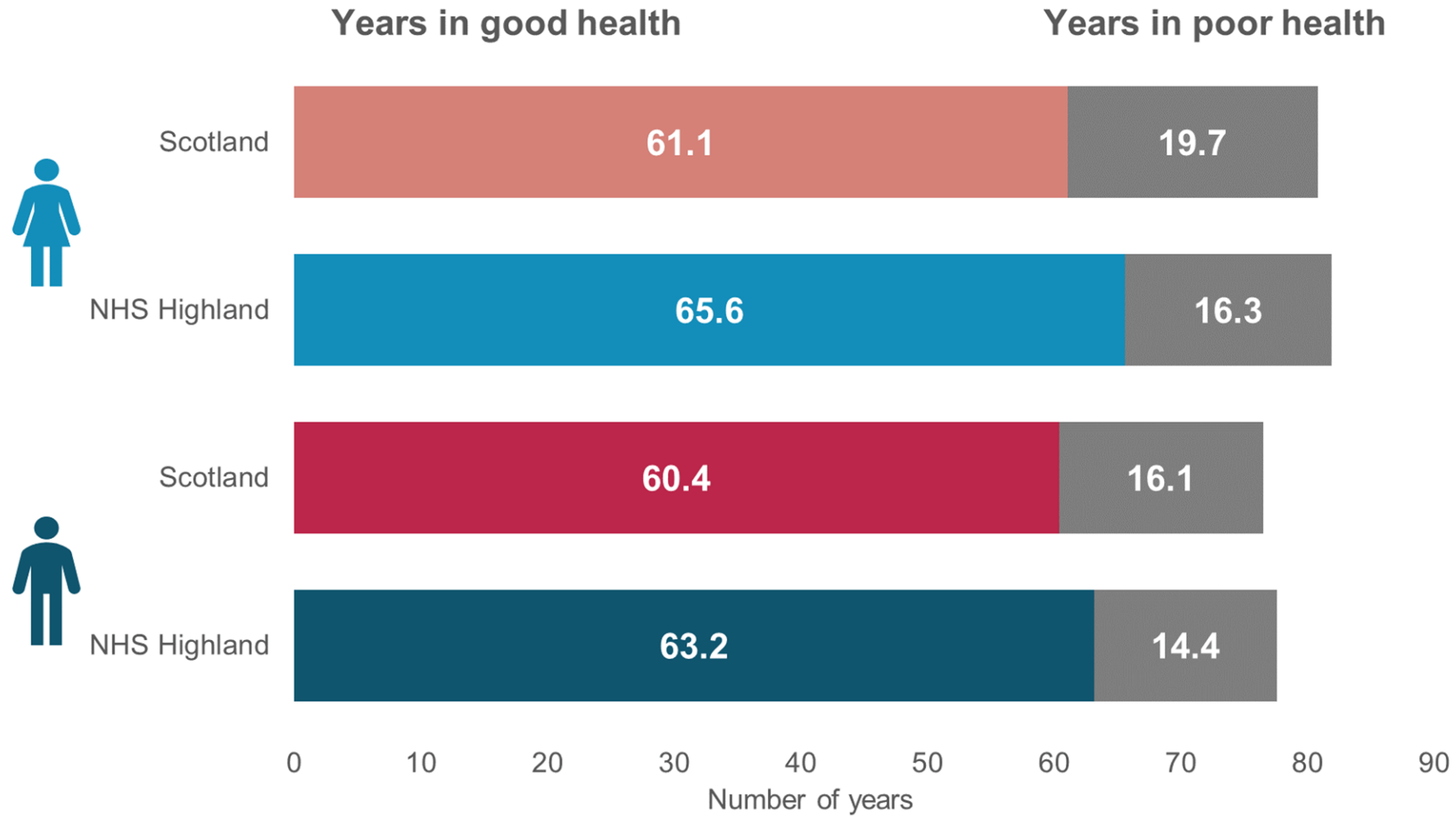
Tim Allison

Director of Public Health

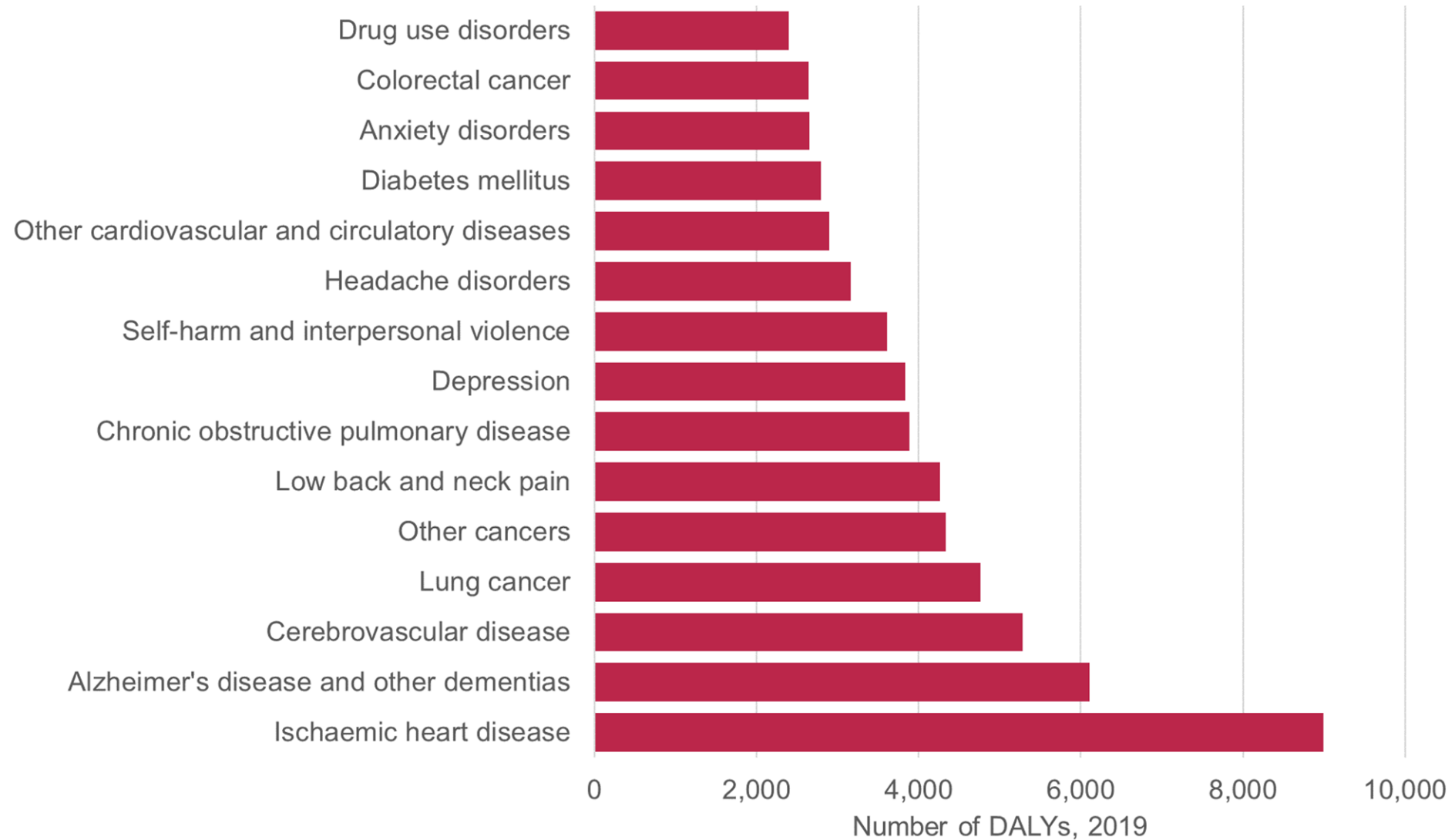
# Life Expectancy



# Healthy Life Expectancy

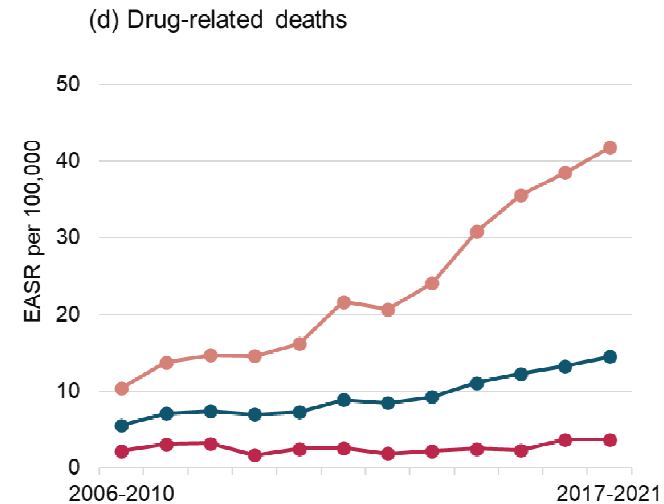
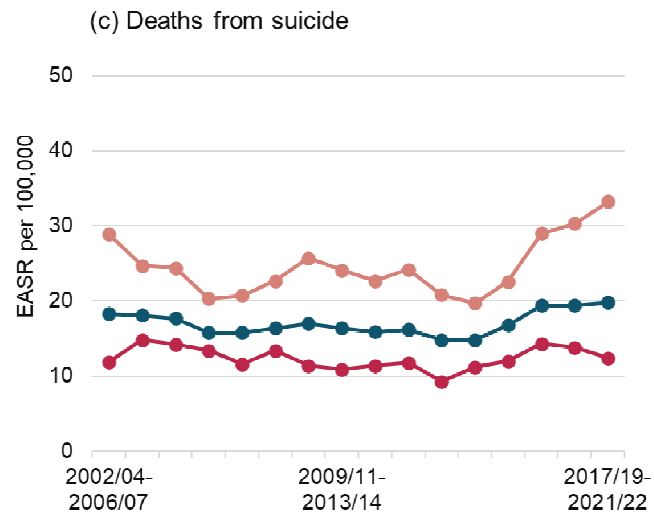
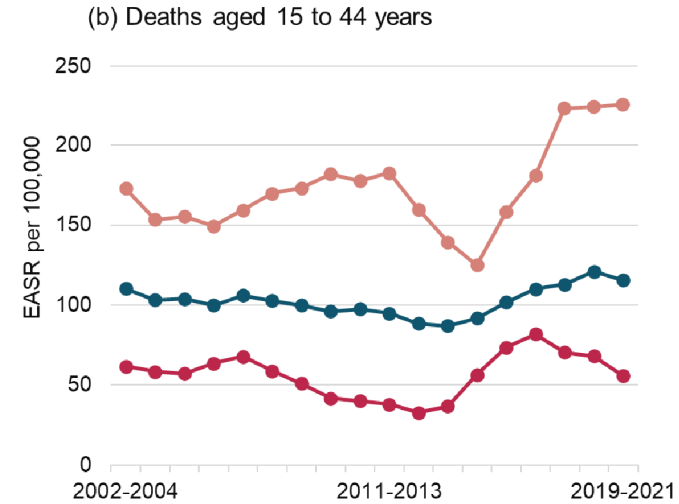
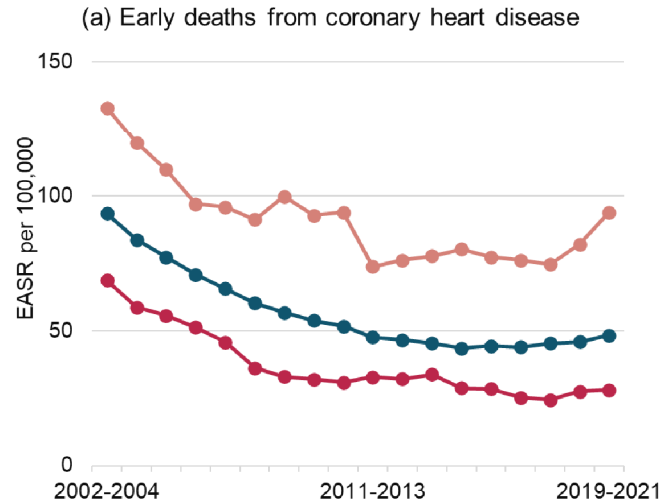


# Causes of Population Health Loss



# Health Inequalities

— Most deprived 20% — NHS Highland average — Least deprived 20%



# Public Health & Medication: Do the Right Thing



- The good
- The bad
- The ugly
- The alternative
- The synthesis

The Environment: How medication can make our environment sicker

Hepatitis C: How medication is transforming treatment and prevention

Social Prescribing: How an alternative to medication can work

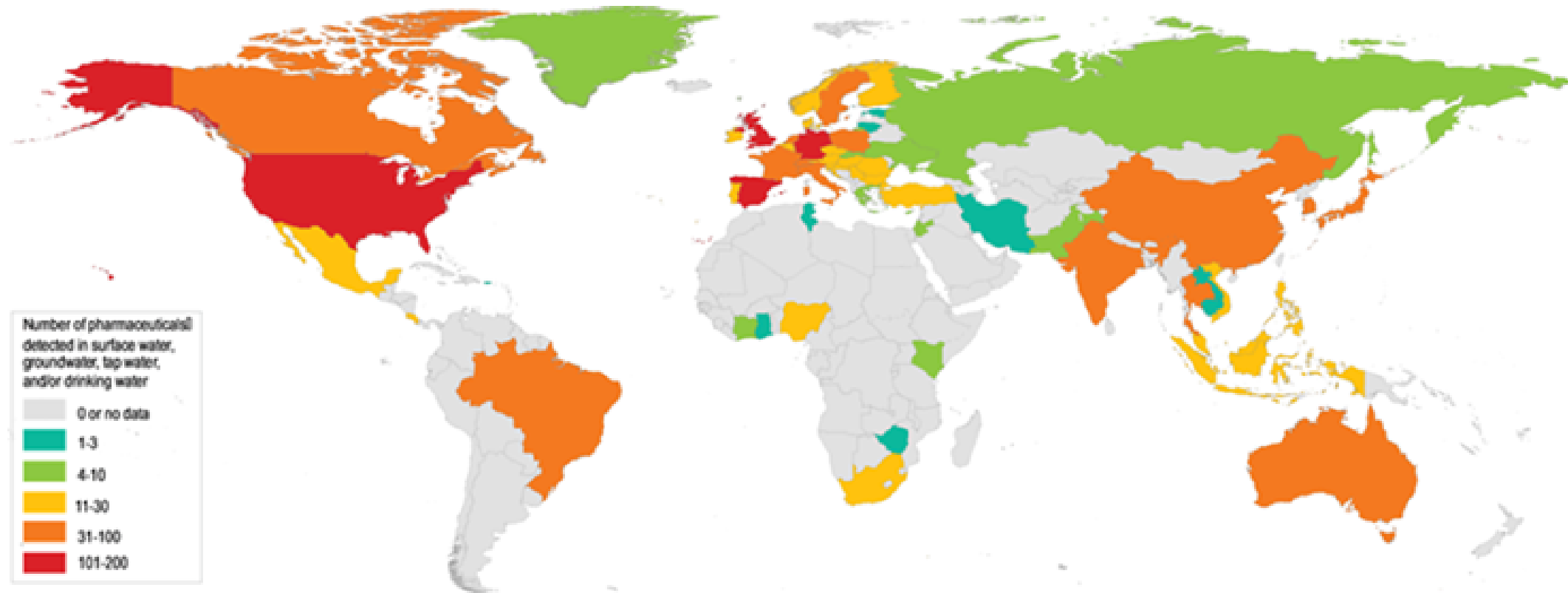
Prescriptions for Pain: How medication can have long-lasting effects on public health

Case Study: How medication and other measures can work together to improve health

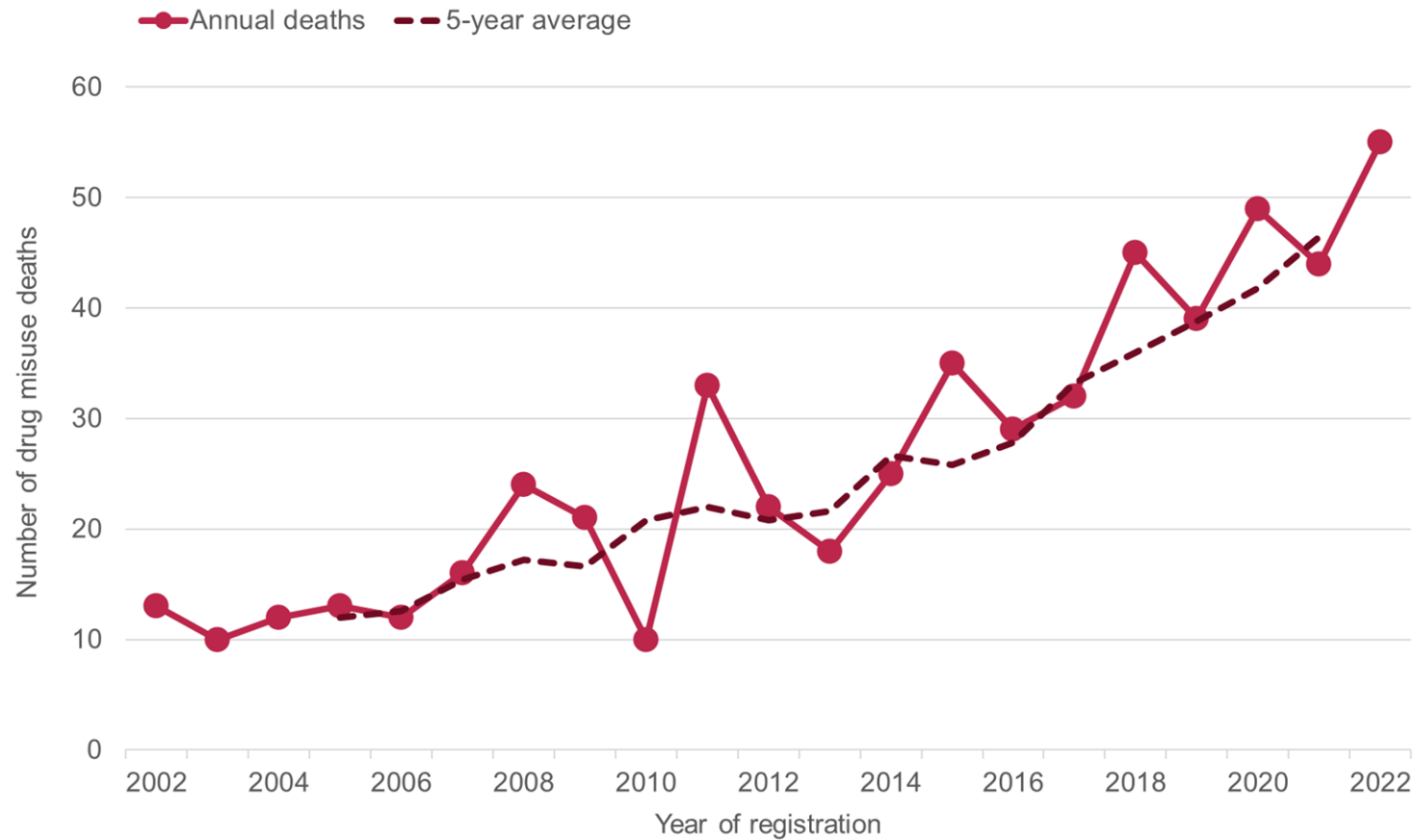
- Serious blood borne virus
- Drive for elimination across the country
- People may not know that they are infected and fear diagnosis
- New oral medication available
- Opportunity to enhance diagnosis and effective treatment



# Pharmaceuticals in the Water



# Drug Related Deaths in NHS Highland



- Up to a fifth of GPs' time is used to address social needs
- Social prescribing is effective both at addressing social needs and improving overall health and wellbeing
- It can reduce demand on health and social care services
- There is the opportunity to use a combination of medication and social prescribing to give the best available benefit

- NHS Highland and its partners should ensure that planning addresses the change in demography and ageing population.
- NHS Highland and its partners should prioritise tackling health inequalities and the causes of those inequalities.
- NHS Highland and those prescribing medicines should prioritise actions which will reduce the impact of medicines on the environment.
- Citizens should take up actions which will reduce the impact of medicines on the environment.
- NHS Highland work to eliminate Hepatitis C should promote the effectiveness of new medication and so encourage more people to be tested and successfully treated.

- NHS Highland should increase the number of health and social care staff who are aware of social prescribing by developing and promoting a social prescribing network and a Directory of Services and by creating targeted messaging through staff and service newsletters, bulletins and social media.
- NHS Highland and partners should improve the knowledge and skills of health and social care staff in relation to social prescribing by providing learning and development opportunities.
- NHS Highland and partners should improve the infrastructure and availability of social prescribing by embedding link workers in a range of health and social care services and increasing use of the community benefits gateway through public sector procurement and commissioning processes.
- Alcohol and Drug Partnership members should support further work relating to opioid and analgesic prescription, including needs assessment and development of alternative programmes for chronic pain.
- Alcohol and Drug Partnership members should continue to support the delivery of the Medicines Assisted Treatment standards and the increased choices offered to individuals through the Opioid Substitution Therapy programme.

# Questions