



## NHS Highland Out Patient Booking Service

### Patient Information

#### Patient Information for an MRI Proctogram

#### MRI Department

#### **What is an MRI Proctogram?**

An MRI Proctogram is an examination to image the pelvic floor using an MRI (Magnetic Resonance Imaging) Scanner.

If there is any possibility that **you may be pregnant**, please contact us on the free phone number below.

#### **What will happen during the examination?**

Before the procedure starts a radiographer will go through a safety checklist with you. They will also explain the procedure and answer any questions you may have. You will be asked to change in to a hospital gown, and you will be given an incontinence pad and pair of net underwear to wear for the procedure

During your MRI scan you will be required to lie on your back, and you will be asked to carry out pelvic floor exercises which the radiographer will explain. Near the end of the examination a small amount of gel will be inserted into your rectum by one of the radiology staff.

Further imaging will be obtained, carrying out more pelvic floor exercise as directed by the radiographer. The final part of the test involves evacuating the gel from your rectum, which might be repeated several times if required.

We do all we can to maintain your dignity and privacy during the examination.

#### **Following your examination?**

After the examination you will have access to a nearby toilet

You will not receive any results at your MRI appointment, your referring consultant should be in contact once they have received the results.

***For further information contact***

***The Radiology Department 01463 706695***