NHS Scotland Health Screening Programmes



What do health and social care professionals need to know?

Registering with a GP and ensuring address details are up to date is essential to ensure inclusion in NHS Scotland Screening Programmes.

Diabetic eye screening (retinopathy)

12 years and over

People with T1 & T2 Diabetes

- · Attend an eye scan appointment
- Results in the post



Automatically invited by post every year or 2 years

Cervical screening (a smear test)

25-64 years old

Women and people with a cervix*

- Make an appointment at your GP Practice
- Results in the post



Automatically prompted by post every 5 years

Breast screening

50-70 years old

Women*

- Attend a clinic or mobile unit appointment
- Results in the post
- For people aged 71 and over, specific criteria for self-referral applies †



Automatically invited by post every 3 years

Bowel screening

50-74 years old

Men and women*

- Complete the testing kit yourself at home
- Results in the post
- People aged 75 and over can request a test †



Testing kit sent automatically by post every 2 years

Abdominal aortic aneurysm (AAA) screening

65 years old

Men*

- Attend a clinic appointment
- · Results verbally at time of scan and in the post



Automatically invited by post for a one-off ultrasound scan

- [†] For details about taking part in screening, if you are above the upper eligible age limit to be automatically invited, please visit NHS Inform for further information.
- * Screening information for transgender and non-binary people, is available at: www.nhsinform.scot/healthy-living/screening/screening-information-for-the-transgender-community/

